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Jul 12, 2013 This is a clip of a portion of the book Bo: Karate Weapon of Self Defense that I animated while playing around with the movie maker on picasa. The Japanese

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Fumio Demura BO: Karate Weapon of Self-Defense Publisher: Black Belt Communications; 1St Edition edition (May 1, 1976) Language: English Pages: 184

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## **Fumio demura - wikipedia, the free encyclopedia**

Fumio Demura ( , Demura Fumio ?, born September 15, 1938) is a Japanese master of karate. He is a well known master of karate and kobudo (weaponry), and

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